

MEMORANDUM CIRCULAR NO. 21-41
Series of 2021

**SUBJECT: MINIMUM PUBLIC HEALTH STANDARDS AND
PROTOCOLS FOR FITNESS STUDIOS, GYMS AND VENUES FOR
NON-CONTACT EXERCISE AND SPORTS**

WHEREAS, on 03 September 2021, the Inter-Agency Task Force for the Management of Emerging Infectious Diseases (IATF) issued Resolution No. 136-A, shifting from a community quarantine classification framework to a policy focusing on the imposition of granular lockdowns and adopting an Alert Level System for COVID-19 Response, with each alert level limiting restrictions only to identified high-risk activities;

WHEREAS, on 11 November 2021, President Rodrigo Duterte issued Executive Order No. 151, Series of 2021, approving the nationwide implementation of the Alert Level System and adopting the *Guidelines on the Nationwide Implementation of Alert Levels System for COVID-19 Response*;¹

WHEREAS, on even date, IATF Resolution No. 148, Series of 2021, allowed the conduct of group activities in fitness studios, gyms, and venues for non-contact exercise and sports in areas under Alert Level 2, subject to DTI sector-specific protocols;

WHEREFORE, foregoing premises considered, this Memorandum Circular (MC) is hereby issued for the information, guidance and compliance of all concerned --

SECTION 1. Allowing Group Activities in Fitness Studios, Gyms and Venues for Non-Contact Exercise and Sports under Alert Level 2 and Below. Subject to compliance with minimum public health standards and safety protocols (MPHS) including those under DOH AO 2021-0043, Series of 2021, DTI-DOLE JMC No. 2020-04-A, Series of 2020, DOLE Department Order No. 224-21, Series of 2021, applicable sector-relevant protocols and Local Government Unit (LGU) regulations and guidelines, and provided that all workers/employees are fully vaccinated against COVID-19, group activities shall now be allowed for fitness studios, gyms, and venues for non-contact exercise and sports in areas under Alert Level 2 and below.

Attached as Annex “A” and made an integral part hereof is the revised list of business establishments, persons or activities allowed to operate, work or be undertaken under the applicable alert levels.


SECTION 2. Minimum Public Health Standards and Protocols for Fitness Studios, Gyms and Venues for Non-Contact Exercise and Sports. In addition to the MPHS, the aforesaid business establishments or activities allowed to operate, work or be undertaken under the various Alert Levels shall also strictly comply with the guidelines and protocols provided in Annex “B.”

SECTION 3. Compliance Monitoring. The DTI, through the Fair Trade Enforcement Bureau and Regional or Provincial Offices, shall continue its strict compliance monitoring through its post-audit mechanism. Inspection by the DOLE, DOH, and the LGU’s Health Office may also be conducted at any time. Violations of this Circular shall be subject to

¹ As of 11 November 2021

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corresponding penalties under relevant rules and guidelines including the temporary suspension of business operations, as may be necessary and applicable.

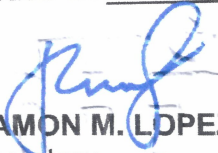
SECTION 4. Complaints Handling. All feedback and complaints from the general public may be coursed through the DTI Consumer Care Hotline 1-384.

SECTION 5. Repealing and Separability Clause. Provisions of other relevant Memorandum Circulars that are inconsistent with this Circular are hereby superseded or amended accordingly.

If for any reason, any part or provision of this Circular be declared invalid, any part or provision not affected thereby shall remain in full force and effect.

SECTION 6. Effectivity. Given the presence of a public health emergency, this MC shall immediately take effect upon its publication and filing with the University of the Philippines Law Center.

Issued on 22 November 2021.


RAMON M. LOPEZ
Secretary

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ANNEX "A": ON-SITE CAPACITIES OF BUSINESS ESTABLISHMENTS/ACTIVITIES IN THE ALERT LEVELS SYSTEM

(as of 22 November 2021)

BUSINESS ESTABLISHMENTS/ACTIVITIES	ALERT 5	ALERT 4	ALERT 3	ALERT 2	ALERT 1
Public and private hospitals	100%	100%	100%	100%	100%
Health, emergency and frontline services, including those provided by dialysis centers, chemotherapy centers, HMOs, health insurance providers, disaster risk reduction management officers, and public safety officers and the like	100%	100%	100%	100%	100%
Manufacturers of medicines and vitamins, medical supplies, devices and equipment, including suppliers of input, packaging, and distribution	100%	100%	100%	100%	100%
Industries involved in agriculture (crops, fruits, vegetables, livestock and poultry), forestry, fishery, and such other components of the food value chain and their workers, including farmers and fisher folks	100%	100%	100%	100%	100%
Logistics service providers (delivery and courier services; cargo handling; warehousing; trucking; freight forwarding; shipping, port and terminal operators and contractors and ancillary services (i.e. drivers, conductors, terminal workers)	100%	100%	100%	100%	100%
Essential and priority construction projects, whether public or private, in accordance with the guidelines issued by the Department of Public Works and Highways (DPWH) including contractors, subcontractors, and consultants of the Department of Transportation for the construction of Build Build Build flagship infrastructure projects	100%	100%	100%	100%	100%
Manufacturing related to food, beverages, and other essential goods such as but not limited to soap and detergents, diapers, personal hygiene products, toilet paper, and wet wipes, and disinfectants	100%	100%	100%	100%	100%
Companies that manufacture, distribute and/or supply equipment or products necessary to perform construction or maintenance works, such as cement and steel, or spare parts	100%	100%	100%	100%	100%
Essential retail trade and service establishments such as public markets, supermarkets, grocery stores, convenience stores, pharmacies or drug stores, hardware, bookstores and office supplies, bicycle shops, laundry shops, and water-refilling stations	100%	100%	100%	100%	100%
Food preparation establishments such as kiosks, commissaries, restaurants, and eateries					
<i>Dine-in services in food preparation establishments such as kiosks, commissaries, restaurants, and eateries, subject to the sector-specific protocols of the DTI</i>					
<i>Indoor</i>	not allowed	10% provided that -- • they cater only to fully vaccinated individuals; and • workers/ employees are fully vaccinated	30%	50% provided that -- • they cater only to fully vaccinated individuals and those below 18, even if unvaccinated; and • workers/ employees are fully vaccinated	100%
<i>Outdoor</i>	not allowed	30% provided that workers/ employees are fully vaccinated	50%	70%	100%
<i>Take out and delivery</i>	100%	100%	100%	100%	100%
Public and private financial service providers involved in the distribution of government grants and amelioration subsidies	100%	100%	100%	100%	100%
Business process outsourcing establishments (BPOs), and export-oriented businesses, including mining and quarrying activities	100%	100%	100%	100%	100%
Public transport providers and operators	100%	100%	100%	100%	100%
Media establishments and their total permanent staff complement, inclusive of reporters and other field employees	50%	100%	100%	100%	100%
Dental, rehabilitation, optometry and other medical clinics for the treatment of illness or injuries. Provided, that there is strict observance of infection prevention and control protocols. Provided, further, that dental procedures shall be limited to emergency cases only and that the wearing of full Personal Protective Equipment (PPEs) by dentists and attendants shall be mandatory. Provided, finally, that home service therapy for Persons with Disabilities (PWDs) shall be allowed	skeleton limited to emergency cases only	100%	100%	100%	100%
Veterinary clinics	skeleton	100%	100%	100%	100%
Banks, money transfer services, including pawnshops only insofar as performing money transfer functions, microfinance institutions, and credit cooperatives, including their armored vehicle services, if any	skeleton	100%	100%	100%	100%

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BUSINESS ESTABLISHMENTS/ACTIVITIES	ALERT 5	ALERT 4	ALERT 3	ALERT 2	ALERT 1
Capital markets, including but not limited to the Bangko Sentral ng Pilipinas, Securities and Exchange Commission, Philippine Stock Exchange, Philippine Dealing and Exchange Corporation, Philippine Securities Settlement Corporation, and Philippine Depository and Trust Corporation	skeleton	100%	100%	100%	100%
Water supply and janitorial/sanitation services and facilities, including waste disposal services, as well as property management and building utility services	skeleton	100%	100%	100%	100%
Energy sector (oil, gas, and power companies), their third-party contractors and service providers, including employees involved in electric transmission and distribution, electric power plant and line maintenance, electricity market and retail suppliers, as well as those involved in the exploration, operations, trading and delivery of coal, oil, crude or petroleum and by-products (gasoline, diesel, liquefied petroleum gas, jet oil, kerosene, lubricants), including gasoline stations, refineries and depots or any kind of fuel used to produce power	skeleton	100%	100%	100%	100%
Telecommunications companies, internet service providers, cable television providers, including those who perform indirect services such as the technical, sales, and other support personnel, as well as the employees of their third-party contractors doing sales, installation, maintenance and repair works	skeleton	100%	100%	100%	100%
Airline and aircraft maintenance, pilots and crew, and employees of aviation schools for purposes of the pilot's recurrent training for flight proficiency and type rating using simulator facilities, and ship captains and crew, including shipyard operations and repair	skeleton	100%	100%	100%	100%
Funeral and embalming services	skeleton	100%	100%	100%	100%
Security personnel licensed by the PNP - Supervisory Office for Security and Investigation Agencies	skeleton	100%	100%	100%	100%
Printing establishments authorized by the Bureau of Internal Revenue and those contracted by other government agencies	skeleton	100%	100%	100%	100%
Establishments engaged in repair and maintenance of machinery and equipment, for households and essential permitted establishments	skeleton	100%	100%	100%	100%
Establishments engaged in repair and maintenance of motorized and non-motorized vehicles, including the sale of spare parts	skeleton	100%	100%	100%	100%
Leasing of real and personal properties	skeleton	100%	100%	100%	100%
Employment activities that involve the recruitment and placement for permitted sectors	skeleton	100%	100%	100%	100%
Teachers, professors and other staff for purposes of conducting online/offline, and flexible classes, completion of grades, and processing of student credentials, requirements and documents	skeleton	100%	100%	100%	100%
Lawyers	skeleton only when required to provide on-site legal representation necessary to protect rights of persons, whether natural or juridical	100%	100%	100%	100%
All other establishments, to the extent necessary for the buying and selling of consumer goods or services via the internet	skeleton	100%	100%	100%	100%
Private corporations are encouraged to process payrolls online. Payroll managers, and such other employees required for the processing of payroll, and accounting firms	skeleton	100%	100%	100%	100%
Other Manufacturing such as: • Electrical Machinery • Wood products, Furniture • Non-metallic products • Textiles / Wearing apparels • Paper and Paper products • Rubber and Plastic products • Coke and Refined Petroleum products • Other non-metallic mineral products • Computer, Electronic and Optical Products • Electrical Equipment • Machinery and Equipment • Motor Vehicles, Trailers and Semi-Trailers • Other Transport Equipment	not allowed	100%	100%	100%	100%

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BUSINESS ESTABLISHMENTS/ACTIVITIES	ALERT 5	ALERT 4	ALERT 3	ALERT 2	ALERT 1
Non-essential retail trade and service establishments such as clothing and accessories, flower, jewelry, novelty, antique, perfume shops, toy stores, music stores, art galleries (selling only), and firearms and ammunition trading establishments	not allowed	100%	100%	100%	100%
Hotels and other accommodation establishments	Allowed to operate at such capacity and protocols subject to guidelines issued by the Department of Tourism				
Office Administrative and Office Support (such as photocopying, billing, and record keeping services)	not allowed	100%	100%	100%	100%
Other financial services (e.g., money exchange, insurance, reinsurance, lending companies, and non-compulsory pension funding)	not allowed	100%	100%	100%	100%
Management Consultancy Activities	not allowed	100%	100%	100%	100%
Architecture and Engineering Activities; Technical Testing and Analysis	not allowed	100%	100%	100%	100%
Scientific and Research Development	not allowed	100%	100%	100%	100%
Advertising and Market Research	not allowed	100%	100%	100%	100%
Computer programming (such as writing, modifying, testing and supporting software, planning and designing computer systems), information service activities (such as data processing and hosting activities) and other related activities	not allowed	100%	100%	100%	100%
Publishing and printing services (such as printing of newspapers, magazines, and other periodicals, books, brochures, manuscripts, posters, maps, atlases, advertising catalogues, prospectuses, etc; printing directly onto textiles, plastic, glass, metal wood, and ceramics)	not allowed	100%	100%	100%	100%
Other services such as photography; fashion, industrial, graphic, and interior design	not allowed	100%	100%	100%	100%
Wholesale and retail trade of motor vehicles and motorcycles	not allowed	100%	100%	100%	100%
Travel agencies, tour operators, reservation service and related activities	not allowed	100%	100%	100%	100%
Pet grooming services	not allowed	100%	100%	100%	100%
Film, music, and television production subject to the joint guidelines, as may be issued by the DTI, DOLE, and DOH					
<i>Indoor</i>	not allowed	10%	30%	50%	100%
		provided that their workers/ employees are fully vaccinated			
<i>Outdoor</i>	not allowed	30%	50%	70%	100%
		provided that their workers/ employees are fully vaccinated			
Specialty examinations authorized by the IATF, subject to the health and safety guidelines as approved by the IATF	not allowed	10%	30%	50%	100%
		provided that -- • they cater only to fully vaccinated individuals; and • workers/ employees are fully vaccinated		provided that -- • they cater only to fully vaccinated individuals and those below 18, even if unvaccinated; and • workers/ employees are fully vaccinated	
Fitness studios, gyms, and venues for non-contact exercise and sports, subject to DTI sector-specific protocols					
<i>Indoor</i>	not allowed	10%	30%	50%	100%
		provided that -- • they cater only to fully vaccinated individuals; • <u>no group activities are conducted</u> ; • patrons/clients and workers/employees wear face masks at all times; and • workers/ employees are fully vaccinated		provided that -- • they cater only to fully vaccinated individuals and those below 18, even if unvaccinated • patrons/clients and workers/ employees wear face masks at all times; and • workers/ employees are fully vaccinated	
<i>Outdoor</i>	not allowed	30%	50%	70%	100%
		provided that -- • patrons/clients and workers/employees wear face masks at all times; • <u>no group activities are conducted</u> ; and • workers/ employees are fully vaccinated		provided that -- • patrons/clients and workers/employees wear face masks at all times; and • workers/ employees are fully vaccinated	

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BUSINESS ESTABLISHMENTS/ACTIVITIES	ALERT 5	ALERT 4	ALERT 3	ALERT 2	ALERT 1	
All contact sports	Indoor	not allowed	not allowed	not allowed	50%	100%
	Outdoor	not allowed	not allowed	not allowed	70%	100%
Venues for meetings, incentives, conferences, and exhibitions (subject to DTI-DOT guidelines)	Indoor	not allowed	10%	30%	50%	100%
	Outdoor	not allowed	30%	50%	70%	100%
Permitted venues for social events such as parties, wedding receptions, engagement parties, wedding anniversaries, debut and birthday parties, family reunions, and bridal or baby showers (subject to DTI-DOT guidelines)	Indoor	not allowed	10%	30%	50%	100%
	Outdoor	not allowed	30%	50%	70%	100%

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BUSINESS ESTABLISHMENTS/ACTIVITIES	ALERT 5	ALERT 4	ALERT 3	ALERT 2	ALERT 1	
Visitor or tourist attractions such as libraries, archives, museums, galleries, exhibits, parks, plazas, public gardens, scenic viewpoints or overlooks, and the like	<i>Indoor</i>	not allowed	10% provided that -- • they have been issued a Safety Seal Certification • they cater only to fully vaccinated individuals; and • workers/ employees are fully vaccinated	30% provided that -- • they cater only to fully vaccinated individuals; and • workers/ employees are fully vaccinated	50% provided that -- • they cater only to fully vaccinated individuals and those below 18, even if unvaccinated; and • workers/ employees are fully vaccinated	100%
	<i>Outdoor</i>	not allowed	30% provided that -- • they have been issued a Safety Seal Certification • their workers/ employees are fully vaccinated	50% provided that their workers/ employees are fully vaccinated	70%	100%
Amusement parks and theme parks	<i>Indoor</i>	not allowed	10% provided that -- • they have been issued a Safety Seal Certification • they cater only to fully vaccinated individuals; and • workers/ employees are fully vaccinated	30% provided that -- • they cater only to fully vaccinated individuals; and • workers/ employees are fully vaccinated	50% provided that -- • they cater only to fully vaccinated individuals and those below 18, even if unvaccinated; and • workers/ employees are fully vaccinated	100%
	<i>Outdoor</i>	not allowed	30% provided that -- • they have been issued a Safety Seal Certification • their workers/ employees are fully vaccinated	50% provided that their workers/ employees are fully vaccinated	70%	100%
Recreational venues such as internet cafes, billiard halls, amusement arcades, bowling alleys, skating rinks, archery halls, swimming pools, and similar venues	<i>Indoor</i>	not allowed	10% provided that -- • they have been issued a Safety Seal Certification • they cater only to fully vaccinated individuals; and • workers/ employees are fully vaccinated	30% provided that -- • they cater only to fully vaccinated individuals; and • workers/ employees are fully vaccinated	50% provided that -- • they cater only to fully vaccinated individuals and those below 18, even if unvaccinated; and • workers/ employees are fully vaccinated	100%
	<i>Outdoor</i>	not allowed	30% provided that -- • they have been issued a Safety Seal Certification • their workers/ employees are fully vaccinated	50% provided that their workers/ employees are fully vaccinated	70%	100%

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BUSINESS ESTABLISHMENTS/ACTIVITIES	ALERT 5	ALERT 4	ALERT 3	ALERT 2	ALERT 1	
Cinemas and movie houses, subject to DTI sector-specific guidelines	Indoor	not allowed	not allowed	30% provided that -- • they cater only to fully vaccinated individuals; and • workers/ employees are fully vaccinated	50% provided that -- • they cater only to fully vaccinated individuals and those below 18, even if unvaccinated; and • workers/ employees are fully vaccinated	100%
	Outdoor	not allowed	not allowed	50% provided that their workers/ employees are fully vaccinated	70%	100%
Personal care establishments such as barbershops, hair spas, hair salons, and nail spas, and those offering aesthetic/cosmetic services or procedures, make-up services, salons, spas, reflexology, and other similar procedures including home service options, subject to the sector-specific protocols of the DTI	Indoor	not allowed	10% provided that -- • they cater only to fully vaccinated individuals; and • workers/ employees are fully vaccinated	30%	50% provided that -- • they cater only to fully vaccinated individuals and those below 18, even if unvaccinated; and • workers/ employees are fully vaccinated	100%
	Outdoor	not allowed	30% provided that workers/ employees are fully vaccinated	50%	70%	100%
Casinos, horse racing, cockfighting and operation of cockpits, lottery and betting shops, and other gaming establishments	not allowed	not allowed	not allowed	not allowed	100%	
Venues with live voice or wind-instrument performers and audiences such as in karaoke bars, bars, clubs, concert halls, and theaters	Indoor	not allowed	not allowed	not allowed	50% provided that -- • they cater only to fully vaccinated individuals and those below 18, even if unvaccinated; and • workers/ employees are fully vaccinated	100%
	Outdoor	not allowed	not allowed	not allowed	70% provided that workers/ employees are fully vaccinated	100%
Funfairs/peryas and kid amusement industries such as playgrounds, playrooms, and kiddie rides	Indoor	not allowed	not allowed	not allowed	50% provided that -- • they cater only to fully vaccinated individuals and those below 18, even if unvaccinated; and • workers/ employees are fully vaccinated	100%
	Outdoor	not allowed	not allowed	not allowed	70% provided that workers/ employees are fully vaccinated	100%

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ANNEX “B”

SECTOR-SPECIFIC PUBLIC HEALTH STANDARDS FOR FITNESS STUDIOS AND GYMS

Consistent with the minimum public health standards prescribed by the Department of Health (DOH) under Administrative Order No. 2021-0043¹ and by the Departments of Trade and Industry (DTI) and Labor and Employment (DOLE) under Joint Memorandum Circular No. 2020-04-A², owners or designated safety officers of fitness studios and gyms are required to implement and maintain the following sector-specific public health standards:

To prevent the transmission of COVID-19, Management shall:

A. Engineering Controls

1. Ensure adequate air exchange in enclosed areas through the implementation of strategies as cited in DOLE Department Order No. 224-21,³ such as:
 - a. Maximizing natural ventilation through opening of windows;
 - b. Use of low-cost modifications to improve air flow (e.g. addition of fans⁴ or exhaust fans);
 - c. Identification of multi-occupant spaces that are used regularly and are poorly ventilated. Air flow shall be controlled to ensure indoor CO₂ concentrations be maintained at-or below 1,000 parts per million (ppm)⁵
 - d. Installation and regular maintenance of exhaust fans and air filtration devices (e.g. air purifiers) with High-Efficiency Particulate Air (HEPA) filters
2. Install any of the following hand hygiene and sanitation facilities and supplies:
 - a. Hand washing station or sink with adequate and safe water supply;
 - b. Soap and water or 70% Isopropyl (or Ethyl) Alcohol; and
 - c. Hands-free trash receptacles, soap and towel dispensers, door openers, and other similar hands-free equipment.
3. Enforce two (2) meters physical distancing between patrons and employees in all areas of the facility. Cardio equipment, free weight areas, weight training equipment, and fitness classrooms may be modified or adjusted to maintain the physical distancing requirement. If rearranging is not an option, place “do not use” signages and unplug equipment to allow for proper physical distancing.

¹ Entitled “Omnibus Guidelines on the Minimum Public Health Standards for the Safe Reopening of Institutions.” <https://bit.ly/DOHAO21-0043>

² Entitled “Interim Guidelines on Workplace Prevention and Control of COVID-19.” bit.ly/MC20-04A

³ Entitled “Guidelines on Ventilation for Workplaces and Public Transport to Prevent and Control the Spread of COVID-19.” <https://bit.ly/DOLEDO224-21>

⁴ Position free-standing fans in a way that does not direct air from one patron to another.

⁵ Note that outdoor CO₂ concentration directly impacts indoor CO₂ concentration. It is critical to measure outdoor CO₂ levels when assessing indoor concentrations. Indoor CO₂ levels shall not exceed the outdoor concentration by more than about 600ppm.

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4. Establish a screening area at the point/s-of-entry. The following protocols must be implemented thereat:
 - a. Health declaration or symptom assessment through the use of the Staysafe.ph application, or any national and certified contact tracing application integrated with the same, in the conduct of contact tracing activities. Those with symptoms or exposure to probable, suspect, and confirmed COVID-19 cases, regardless of vaccination status, shall not be allowed entry.
 - b. All personnel, suppliers, and customers must undergo a non-contact temperature check. Those with a temperature higher than 37.5 degrees centigrade shall not be allowed entry.
 - c. The use of foot baths, disinfection tents, misting chambers, or sanitation booths are not recommended.
 - d. Enforce IATF Guidelines on catering indoor services/operations to fully vaccinated individuals only, as may be applicable to the establishment..
5. Install visual cues or signages to communicate the following:
 - a. Maintaining physical distancing of at least two (2) meters distance between patrons and employees;
 - b. Cough and sneeze etiquette;
 - c. Proper hand hygiene and infection control;
 - d. Proper use and disposal of Personal Protective Equipment; and
 - e. Other critical reminders in the Prevent, Detect, Isolate, Treat, Reintegrate (PDITR+) strategy and BIDA Solusyon,⁶ and Resbakuna for the promotion of the Government's Vaccination Program.⁷
6. Where possible, establish physical barriers between workers and patrons.
 - a. Install cleanable transparent shields or other barriers to physically separate employees and patrons where distancing is not an option (e.g., between pieces of equipment that cannot be moved).
 - b. Use strip curtains, plastic barriers, or similar materials to create impermeable dividers or partitions.
7. Provide a proper facility for proper storage, collection, treatment, and disposal of used PPE and other infectious waste in accordance with DOH AO 2021-0043.

B. Administrative Controls

1. Ensure adequate provision of personal protective equipment to all employees, regardless of employment status, which includes:
 - a. Cloth or surgical masks, or face shields, as necessary; and
 - b. Gloves and other appropriate PPE for all personnel tasked to do regular cleaning and disinfection of furniture, fixtures, and equipment.

⁶ bit.ly/BIDAPartners

⁷ <https://doh.gov.ph/vaccines>

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2. Enforce limits on on-site capacity in accordance with the latest guidelines set by the national government or limitations on venue capacity or other prohibitions as may be imposed by the Local Government Unit (LGU). Establishments shall operate on a by-appointment or reservation basis to adhere to venue capacity requirements.
3. Disinfect premises in accordance with DOH Department Memorandum No. 2020-0157, its amendments and *Cleaning and disinfection of environmental surfaces in the context of COVID-19* by the WHO. For this purpose, all furniture, fixtures, and equipment, especially those that are considered high-touch surfaces (e.g. lockers, equipment), must be properly and regularly sanitized.
4. Prohibit the use of water fountains, except for no-touch bottle refill stations. Patrons and employees may be encouraged to bring their own water bottles.
5. Designate a health and safety officer who, at all times, will be physically present in the establishment to ensure that the MPHS outlined herein and government-imposed limitations on venue/seating capacity are strictly followed. Any non-compliance with this requirement or to the MPHS shall serve as ground for the temporary closure of the establishment, until such time that their violation is rectified.

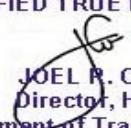
C. Personal Protective Equipment

1. Ensure that face masks are worn at all times, regardless of the exercise to be performed. For the safety of patrons, health and safety officers must discourage patrons from performing high-intensity exercises/activities.
2. Ensure that appropriate PPEs shall be used for cleaning and disinfection of gym equipment.

D. Additional Protocols for Group Exercise Activities

1. Enforce IATF restrictions on allowing group activities, as may be applicable.
2. Limit group exercise activities to a maximum of one (1) hour per session/class.
3. Allot a minimum of fifteen (15) minutes gap in between sessions/classes for disinfection of premises. Where group exercise activities involve participants prone or seated on the floor (i.e. floor mats not used), the floor should be cleaned and disinfected between each class.
4. Require patrons to bring their own personal items such as towels, yoga mats, yoga hammocks, etc.

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