

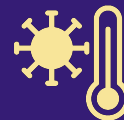
Policy Updates for COVID-19: **Self-Administered Antigen Tests,** **Quarantine and Isolation**



Republic of the Philippines
Department of Health



ANTIGEN (Ag) TESTS WORK BEST ON SYMPTOMATIC PATIENTS

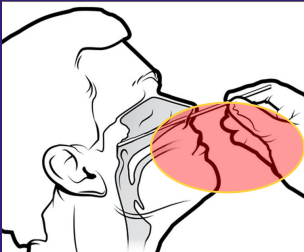


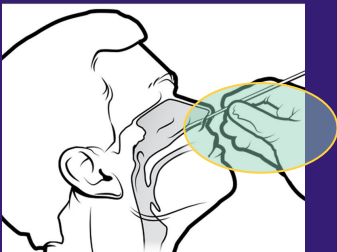




No test is perfect. But when we use them for the right reason and right time, we increase their likelihood of informing us what action to take. If in doubt, **ISOLATE, ISOLATE, ISOLATE.**

	RESULT	READING & ACTION
Symptomatic	Ag Test positive	Highly likely positive - isolate immediately!
	Ag Test negative	Isolate immediately and test with RT-PCR
Exposed to COVID-19 positive but asymptomatic	Ag Test positive	Likely positive - isolate immediately!
	Ag Test negative	Quarantine first and test with RT-PCR on Day 5 after exposure
Not exposed, not symptomatic	Ag Test positive	Immediately isolate, consult health care professional
	Ag Test negative	Follow safety protocols: Mask-Hugas-Iwas-Airflow



NOT ALL ANTIGEN TESTS ARE CREATED EQUAL: One brand can have two versions

ANTIGEN KITS & IDEAL USER	USUAL SAMPLE	EXAMPLE Figures are meant for illustration purposes and by no means to be construed as an endorsement
<p>COVID-19 Antigen Tests <u>designed for trained health workers</u> require training to get correct sample.</p>	 <p>Nasopharyngeal (DEEP)</p>	 
<p>COVID-19 Self-Test Kits designed for <u>lay persons</u> are easy to use.</p>	 <p>Nasal (SHALLOW)</p>	 <p>NO KIT REGISTERED BY FDA YET</p> 



HOME TESTING: FDA-registered & HCW-administered is Best

Antigen tests designed for health workers usually need nasopharyngeal swab which is difficult to do. If untrained but using kits designed for health workers, it is likely that your results will be inaccurate.

Wrong swab = wrong result = false sense of security

ANTIGEN KITS	SWABBER	EXAMPLE	REMARKS
COVID-19 Antigen Tests designed for health workers	Done by trained healthcare worker Guided by trained healthcare worker	Home swabbing services Observed by HCW	
COVID-19 Antigen Tests designed for health workers	Lay people (untrained)	Buying from online sellers	
COVID-19 Self-Test Kits designed for lay persons	Lay people (untrained)	Done in other countries like UK, US, Singapore	NO FDA REGISTERED KIT in PHL



HOME QUARANTINE AND ISOLATION: Allowed if with own room & toilet + oversight

Ensure you don't transmit to others by having your own room and toilet with proper ventilation, implementing routine disinfection and appropriate PPE, and supervised by the LGU or health care provider for progression of symptoms.

<p>Positive test and symptomatic WITHOUT own room & toilet + oversight</p>	<p>→ FACILITY ISOLATION</p>
<p>Positive test and symptomatic WITH own room & toilet + oversight</p>	<p>→ HOME ISOLATION</p>
<p>All household members are exposed and considered close contacts</p>	<p>→ Can do HOME QUARANTINE, if</p> <ul style="list-style-type: none"> - No symptoms - Not vulnerable (seniors, with comorbidities) - Not mixed with positive and symptomatic indivs - MPHS: mask, distance, disinfection, ventilation



FACILITY QUARANTINE AND ISOLATION:

Prioritize for those who cannot meet home quarantine/ isolation requirements and the vulnerable

A2 / A3

With **NO CAPACITY** to home quarantine/isolate

Others

With **NO CAPACITY** to home quarantine/isolate

A2 / A3

With **CAPACITY** to home quarantine/isolate

Others

With **CAPACITY** to home quarantine/isolate



ISOLATION & QUARANTINE for GENERAL POPULATION



		FULLY VACCINATED	INCOMPLETELY VACCINATED OR UNVACCINATED
ISOLATION OF COVID-19 CASES Isolation is for people who have been infected and tested positive for COVID-19, with symptoms or none, both fully vaccinated and unvaccinated.	Positive Case - Asymptomatic, Mild, Moderate Symptoms	10 days or at the advice of your doctor	
	Positive Case with Severe & critical symptoms	21 days or at the advice of your doctor	
QUARANTINE OF CLOSE CONTACTS Quarantine is for those who have been exposed and can possibly develop infection. People who become close contacts with confirmed cases of COVID-19 should quarantine.	Close contacts	7 days or at the advice of your doctor	14 days or at the advice of your doctor



ISOLATION & QUARANTINE for HEALTH CARE WORKERS



Hospital Infection Prevention & Control Committees and Provincial Health Offices are authorized to allow* shortened duration of isolation & quarantine of FULLY-VACCINATED health workers in consideration of their healthcare capacity

**Follow CDC Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2*

		CURRENT FOR GEN PUBLIC	SHORTENED PROTOCOL
ISOLATION	Positive Case - Asymptomatic, Mild, Moderate	10 days	up to 5 days*
QUARANTINE	Close contacts	7 days	up to 0 days*

Telemedicine Partners

SeeYouDoc

✉ seeyoudoc.com

🗨 SeeYouDoc

KonsultaMD

✉ konsulta.md

🗨 KonsultaMD

CloudPx

✉ cloudpx.ph/

TelAventusMD

✉ TelAventusMD@aventusmedical.com.ph

🗨 TelAventusMD

MedCheck

✉ medcheck.com.ph/find-a-doctor/SeeYouDoc

Telimed and Medgate

✉ medgate.ph/shop/telimedplan/purchase

HealthNow

🌐 healthnow.ph/

✉ help@healthnow.ph

📱 HealthNow



bit.ly/DOHTelemedicine



Republic of the Philippines
Department of Health

Updated reference at the DOH website

<https://doh.gov.ph/list-of-doh-vetted-3rd-party-telemedicine-service-providers>

Maraming salamat po!



Republic of the Philippines
Department of Health